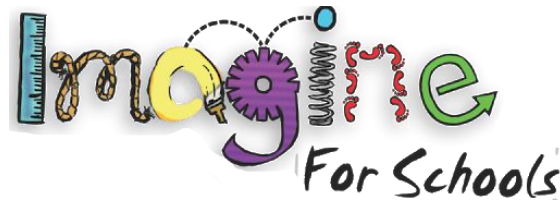


Emotional Wellbeing & Resilience in Children

A webinar for parents – 8pm, 2nd March 2021

Join Tim and Shell from



as they

discuss emotional wellbeing & resilience in children

How to be with your child in their emotions and encourage them to talk about them

Walking with your child as they encounter and deal with struggle and challenge

Helping your child to begin to control their emotions

**we
can
move**

Active
Gloucestershire

**For more information and
tickets, go to bit.ly/2ndMar21**